



An Inspired Vision

*A guide to creating
a vision that clears
the fog and puts
you in the drivers
seat again.*

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Visionary

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Introduction



Only those who will risk going too far can possibly find out how far one can go.

T.S. Eliot

An Inspired Vision

All human eyes are turned to the future.

The Size of Your Vision Determines the Size of Your Life

- I've seen many people succeed and fail in life. Those who achieve their vision are the first to fail.
- Maintaining a huge gap between where you are and where you could be in life is what keeps you young.
- Coming to the conclusion that you've peaked in any of the seven areas of life is winter of life - don't choose that too early
- What determines the size of your vision is the degree to which you have let go of incidents that hurt in the past
- Letting go is not forgetting. Letting go is loving. Are you loving the past?
- Nothing is ever in the way.. only on the way

When your vision inspiration fizzles out so does your life.

- The size of your inspired vision determines the size of your life.
- The person with the best plan B vision, always wins
- An inspired vision is not the same as a fantasy. Just ask a disappointed lover.
- If you put all your eggs in one basket they are easy to carry - a vision without a commitment is like an appetite without a meal.

If you think there is a place to hide where you don't need a vision you are right. It's called a cemetery and there's no age limit.

- A person with a powerful vision feels confident.
- They have the strength to overcome difficulties
- The creativity to invent new ways of living comes from a better vision.
- Vision means don't react to the small stuff
- Vision drives innovation
- The first vision is a quality control on this very moment in time.
- Always keep your heart open and the mind clear - that's a visionary vision.

Can you Imagine?. It's The Key to an Inspired Vision

Imagine there's no heaven
It's easy if you try
No hell below us
Above us only sky
Imagine all the people living for today

Imagine there's no countries
It isn't hard to do
Nothing to kill or die for
And no religion too
Imagine all the people living life in peace

You, you may say
I'm a dreamer, but I'm not the only one
I hope some day you'll join us
And the world will be as one

Imagine no possessions
I wonder if you can
No need for greed or hunger
A brotherhood of man
Imagine all the people sharing all the world

You, you may say
I'm a dreamer, but I'm not the only one
I hope some day you'll join us
And the world will live as one

Seven areas of life Seven Visions

- Think about what you have accumulated and ask what you can do for the greater world
- Change your motive from what makes a profit to what makes a difference
- Remind yourself that if you would love to do something for the world that you can only help those who want to walk in your footsteps. No one else will follow.
- Leave good footsteps in the snow .. own the good and the learning experiences. Don't make false tracks. No guilt...
- You can't give what you haven't got ... so if you want to make others happy, include in your vision the ways to get happy.
- A vision must challenge you

Intent or Content

- Don't obsess with content... focus on intent
- When the why is big enough the how's take care of themselves
- The Why of life changes as you grow.. a big tree needs a good reason to value a drop of water...
- In visions the first step is to let your mind and imagination travel somewhere else and for you to follow without judging or doubting. Just go there.
- Your mind doesn't know the difference between a vision you fear and a vision you want. So it manifests both. Best to clear your fear or they come near some clear.
- If you intend to create a beautiful world, be beautiful
- If you intend to create an inspired meeting turn up inspired
- If you intend to heal turn up healed... don't give to get.

An Inspired Vision Saves You Time Solving Problems.

- A vision sets your values in priority
- A vision means you know what you want
- A vision gives you patience so you don't rush in infatuated
- A vision gets you past the low hanging fruit.
- An Inspired Vision mean is to organise your work better.
- An Inspired Vision means you turn up in a healthy space.
- An Inspired Vision gets you past addictions
- The source of 99% of your life problems and challenges comes from a lack of vision.

Every child on earth has an inspired vision.

- Even when the child is born to crazy parents who are smoking and addicted to drugs that child will be born with an inspired vision.
- But that vision can become damp very quickly.
- Sometimes, hardship causes that vision to be even stronger.
- Sometimes apologetic parenting or children born into wealthy environments have no vision because they don't have to have one
- The difference between a leader and a follower is vision.
- The leader will have a vision not a fantasy the follower will have a fantasy not a vision.

There are many fantasies that people mistake for a vision.

- Fantasy 1. People want other people to change instead of changing themselves.
- Fantasy 2. People think they are more attractive when they complain.
- Fantasy 3. People think it's what they think that makes the difference
- Fantasy 4. There are no fantasies.

Understand the difference between an inspired vision and a fantasy.

An inspired vision is now the new leadership.

- The quality of leadership has risen and a normal vision is no longer the definition of a great leader.
- An Inspired Vision is one that I feel when you speak it
- An Inspired Vision comes through you not from you
- An Inspired Vision gives more than it gets
- An Inspired Vision includes seven areas of life
- An inspired Vision doesn't come from rationality
- An inspired vision comes from going surfing, sailing yacht, swimming the ocean, climbing a hill riding a bike and whatever you do to take yourself out of your mind.
- There is a vast difference between the things that cause an inspired vision and those things that maintain them.

Behind every great vision there is a purpose.

- The reason purpose is important is because visions can come and go based on circumstances.
- We do not want to be vulnerable to circumstances for our inspiration in life.
- We can achieve a vision and become manically depressed
- When there's nowhere to go, we go nowhere
- So holding a vision is not a benchmark for quality of your life.
- It's an Inspired Vision that moves you in the direction of your life purpose.

Life purpose raises you above

- Life Purpose gives you the opportunity to serve the world in a great way.
- Life Purpose helps you maintain a big picture mindset which means that you don't react.
- Life Purpose lifts you to the four higher emotions: gratitude, presence, certainty and love.
- Higher emotions have a balancing effect on your life.
- Life Purpose transforms anger, fear or guilt into gratitude, presence, certainty and love.
- Life Purpose means you operate from an inspired state of mind.

Live Inspired - Think Inspired

*Inspiration means Turning Up 100% Engaged in
Whatever You are Doing Right Now*

- The day that your work becomes the definition of who you are you are lost.
- What will happen as a result will devastate you.
- Look to work shorter hours and be more effective
- Look to get more done in less time
- Look to go home with more energy than you came to work with
- Add nature to your work day
- Stand up 60% of your work day
- Eat every 2 hours in your work day (healthy protein)
- Sip Water all Day

How do you get more done in less time?

- Develop the ever lasting mindset in business.
- Anything you do more than twice becomes a system
- Do it, or Dump it, or Delegate it
- Clear your mind at the start of business
- Clear your mind before meetings
- Shorter meetings
- Sleep Longer
- Exercise More

The purpose of getting more done in less time

- Is not so that you can sit around doing nothing
- Is not so you can take on more low priority tasks
- Is not so you can be idle and end up polluting the quality of your day

The purpose of getting more done in less time is so that you can:

Spend more time maintaining the inspiration that will cause you to be creative, inspired in your vision, on purpose and healthy enough to maintain the balance often all seven areas of life.

There is no excuse. Ignorance is not bliss.

- Uninspired people are unproductive and feel bad.
- Uninspired people suffer obesity, depression, emotional turmoil
- Uninspired people have more sick leave and workers compensation claims.
- Uninspired people who are not coached up or out, are getting ill
- Uninspired people who are not coached up or out, are running the business
- Uninspired people who are not coached up or out, go home and wreck their family life

The greater opportunity is to give individuals the power to self-Inspire

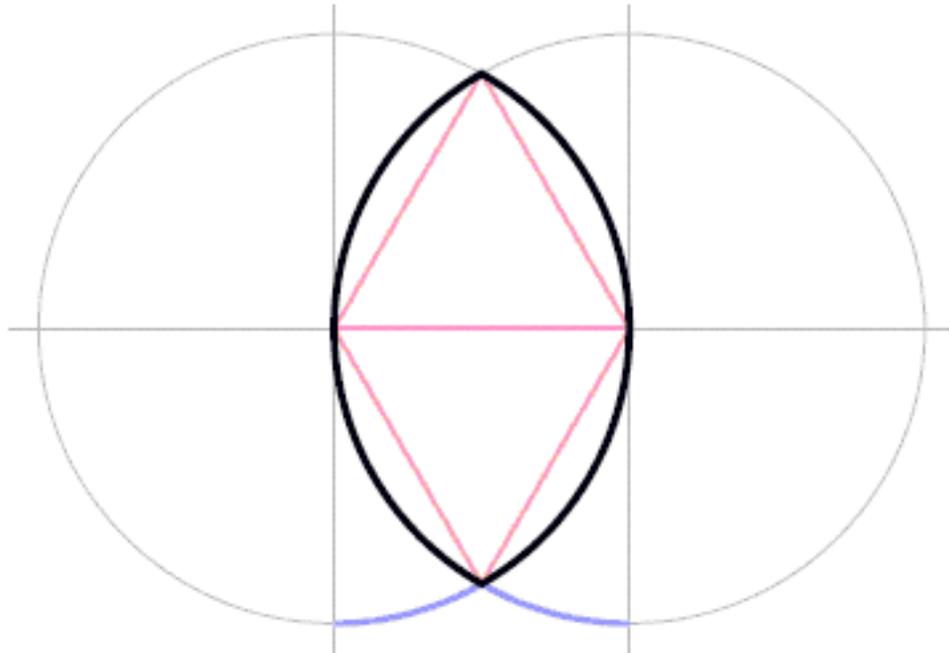
- I encourage leaders to coach people up or out rather than motivate them
- Give people the chance to inspired themselves by teaching the skills of self inspiration
- An Inspired Vision and Purpose are the keys
- Don't take responsibility for encouraging productivity out of team members
- Coach them up to be Self-Inspired or coach them out to a job where they will find it
- This is an opportunity for you to consider your own self-inspiration.

- Check whether you are inspiring yourself with your vision and purpose or whether you are coasting in some form of Groundhog Day just trying to do the right thing
- Check that you are in line with your values

The great gift of an inspired vision is that it's contagious.

- If you have children you know that after a certain age they don't listen to you.
- They've seen too often parents say one thing and do another.
- Children observe
- We are all children observing
- We observe leaders and we are watching to see if their vision is real
- We are watching to see whether they are inspired and worth following.
- Your Inspired Vision and Purpose is contagious and will help thousands of people including your own family.

A relationship is not a vision



- The purpose of a relationship is to create a family
- When you don't want to create a family the purpose of a relationship is to create a vision
- The relationship isn't the vision, it's a help toward a vision
- A vision is never a relationship. Only when there is no vision to we make a relationship a vision.

- With a vision a relationship has a purpose greater than satisfaction and therefore it works.
- No matter what happens or happened in any relationship you chose or choose, it helps you live your vision.
- Where you are is the result of where you wanted to be
- Include in your vision how your relationship has expanded your possibilities and it will last - in love.
- All relationships get you somewhere else. Choose the somewhere wisely.
- The pain of regret outweighs the pain of discipline.
- Relationships don't solve problems
- Two hearts are not better than one
- After 40 think global family ... not local
- Pleasure and pain are balanced in a relationship -

- When you are in a relationship you wonder about being single and when you are single you wonder about being in a relationship. It's because you are looking for something and you think what you are looking for has something to do with being in or out of a relationship... it's your vision you are searching for... get hungry and then enjoy love.
- Never retire to a dependency on a relationship...

Vision is action

- Test your vision against the BE, DO, HAVE Sequence
- If two people have the same vision one isn't necessary
- Prioritise your visions based on your values
- A vision needs a higher purpose... a larger concept of self beyond self. A universal idea about who you are, why you are here, where you came from and where you are going. This is your spirituality.
- A vision is never static... only your intent is static
- There are two things a human can't live without... A vision and love. So - love your vision.
- You are not your vision - you are what you do. You will become your vision if you do what creates it.

- The probability of success increases with the price you are willing to pay for it.
- Be around people who have big visions and your small sense of self will not be comfortable.
- When you are 5, grow one other person, you. When you are 10, grow two other people you and your friend. When you are 20 grow 50 other people, you, your partner, your family and friends. When you are 30 grow 500 other people, you, your family, your friends and your clients. When you are 40 grow 5,000 other people, you, your family, your extended family, your friends, your friends friends, your clients and your community. When you are 50 drop those ridiculous boundaries and grow the world. There is no separation.

The person with the greatest certainty leads

- You can't be sure about how.
- You can't be sure about when
- You can't be sure about who
- You can't be sure about what
- But you can be sure about WHY... When the why is big enough... how, what, when and who take care of themselves - that's adaptation. Hold the why, play with the rest.

Sitting in meditation is a waste of time

- Sitting still visualising what you want to manifest is excellent
- Sitting still holding one single emotion is fantastic
- Sitting still holding a connection to those you help is beautiful
- Sitting still thanking the stars for your blessings is energising
- Sitting still sending healing to those in need is powerful
- Sitting still chanting great words is awakening
- Sitting still deep breathing is rejuvenating
- Sitting still praying for yourself is ridiculous

*Visions come to you and through you
not from you*

- Sometimes your visions are weird... don't argue
- Sometimes you need more thankfulness before you get a vision
- Sometimes your fear blocks your vision
- Sometimes your guilt blocks your imagination
- Sometimes your depression closes your heart
- Sometimes by trying to imagine you block your inspiration

Do what you love

- If you are going to achieve success and make money from anything it is more likely to happen by doing the thing that you love
- If you are going to handle the challenges and sacrifices to achieve success and make money it is most likely going to happen doing the things that you love
- If you are going to stay humble and therefore not get all egocentrically bent out of shape by achieving success it is more likely going to happen doing the things that you love
- If you are late home for dinner, spending a weekend in the office or travelling a lot you will most likely be forgiven and understood if you are doing the things that you love

Loving what you do

- The question about loving what you do has very little to do with what you do
- If you can link what you do to what you want to create (vision) then you can love what you do irrespective of what you do
- There's 95% of anything that's just plain work and there's 5% of it that is celebrating the result. Make sure you love the 95% as much as the 5% in order to sustain the trip

Inspired Quotes

It's important to focus on one thing at a time. Even in the Roman times they understood this with their Proverb; "The man who chases two rabbits catches none."

*The best way to predict your future is
to create it!*

*It may be that your sole purpose in life
is simply to serve as a warning to
others.*

*A wise man does in the beginning,
what a foolish man does in the end.*

Success comes in cans, failure in cants.

*The difference between an optimist
and a pessimist is that an optimist
thinks this is the best possible world.
A pessimist fears that this is true.*

*If at first you don't succeed, then
skydiving definitely isn't for you!*

*Never be afraid to try something new.
Remember, amateurs built the ark.
Professionals built the Titanic.*

It's all about your attitude... Some people complain because there are thorns on roses, while others praise thorns for having roses among them.

*If you are facing in the right direction,
all you have to do is keep on walking
in order to reach your dreams.*

Nobody trips over mountains. It is the small pebble that causes you to stumble. Pass all the pebbles in your path and you will find you have crossed the mountain.

*Life's problems wouldn't be called
"hurdles" if there weren't a way to get
over them.*

*It's not who you are that keeps you
back, it's who you think you're not. So
start believing in yourself!*

*I've learned that to ignore the facts
does not change the facts.*

*The road to success is dotted with
many tempting parking places.*

*A society grows great when old men
plant trees whose shade they know
they shall never sit in.*

A genius is a person who shoots at something no one else can see - and hits it.

Love is when you take away the feeling, the passion, the romance and you find out you still care for that person.

*The whole world steps aside for the
person who knows where they are
going.*

*Life can either be accepted or changed.
If it is not accepted, it must be
changed. If it cannot be changed, then
it must be accepted.*

*The best teachers teach from the heart,
not from the book.*

We all leave footprints in the sand, the question is, will we be a big heel, or a great soul.

Sometimes the best way to figure out who you are is to get to that place where you don't have to be anything else.

*Most people get ahead during the time
that others waste.*

*Nothing improves the memory more
than trying to forget!*

*Love has more to do with letting go
than holding on.*

Success is getting what you want.

Happiness is... liking what you get.

*No life ever grows great until it is
focused, dedicated and disciplined.*

*Turning Up Means "wherever you are
be there."*

Why were the saints, saints? Because they were cheerful when it was difficult to be cheerful, patient when it was difficult to be patient; and because they pushed on when they wanted to stand still, and kept silent when they wanted to talk, and were agreeable when they wanted to be disagreeable. That was all. It was quite simple and always will be.

If you couldn't fail - dare to dream

- Ok, it's easy to take where you are and say what you would love to fix ... that's easy
- And it's easy to say, given where you are and what you know you can do with your time and effort what you can do
- But what is more important is to dream about what might seem an impossible leap and then work out how

Finish

I hope this little e-book helps you on that path and if you would like some help creating your vision statement, your life purpose or becoming truly inspired, please contact me at www.chriswalker.com.au

Chris Walker